



DESERT ROSE RETREAT · SALON + MEDSPA · PRESCOTT, ARIZONA

Your Guide to Hair You Don't Have to Think About

Everything worth knowing about Invisible Bead Extensions before you book, from someone who does this every day.



Where women come to feel like themselves again.



You remember the hair you used to have.

Full. Easy. The kind you didn't have to think about.

Somewhere along the way it changed. A baby, a hard season, a shift in hormones, or just time. Now it's thinner than it was, flatter than you'd like, and every morning starts with the same quiet negotiation: teasing, spraying, pinning, hoping it holds until lunch.

It isn't really about the hair. It's about catching your reflection and not quite recognizing the woman looking back. It's the energy you spend managing how you look instead of living your day. It's feeling like you've been putting yourself last for so long that you've forgotten what it's like to feel put together without trying.

*You deserve to feel like yourself again.
And it should not take an hour and a
curling iron to get there.*

That's what this guide is for. Just the honest answers I give every woman who sits in my chair for the first time, so that when you're ready, you already know exactly what to expect.





You don't have to figure this out alone.

I'm Cecilia, and for years I've watched women sit in my chair quietly heartbroken over losing their hair. I understand it, because I've felt it too. So I dove in and learned everything I could about hair loss, scalp health, and caring for the hair you have, and then I got certified in Invisible Bead Extensions, the gentlest beaded row method I've found.

Here's what I know for sure: if you're struggling with thinning or flat hair, the right extensions give you back more than volume. They give you back your mornings, your confidence, and the feeling of being effortlessly you.

What Invisible Bead Extensions actually are

Fine, soft wefts of premium hair, sewn onto tiny beaded rows that sit flat against your own hair. No glue. No heat. No hard bonds tugging at your roots. Your natural hair breathes and grows underneath, and the finished look blends so smoothly it simply reads as your hair, fuller and longer than you remembered it could be.



They tend to be a wonderful match if you:

- ♦ Want fuller, longer hair without hot tooling it every morning
- ♦ Have enough of your own hair to comfortably cover a row (we'll check this together)
- ♦ Love the idea of low effort mornings and light, easy upkeep
- ♦ Are moving through a new chapter and want to feel like yourself in it



Here's how simple it is.

Three steps. That's the whole plan.

1 Come in for a complimentary consult

We look at your hair honestly, talk about the length and fullness you're dreaming of, and match your color in person. You leave with a clear plan and exact pricing for your look. No surprises, no pressure. If it's a fit, we book your install. If the timing isn't right, you still walk out knowing exactly what's possible.

2 Your install day

We start with your custom color match so the hair blends seamlessly with your own. Then I place your rows, cut and blend everything to your face and your lifestyle, and style you out. You walk in as yourself and walk out as yourself with the volume turned up. Most clients spend the drive home sneaking looks in the mirror. I fully encourage it.

3 Keep it perfect with a move up every seven weeks or so

As your natural hair grows, your rows gently grow out with it. At your move up I take the rows down, refresh, and reinstall them right where they belong. It's a quick, easy visit, and I'll always text you before yours is due. Think of it as your standing hair date. You keep the effortless look; I keep everything sitting beautifully.

Every first visit includes: your custom color and texture match, premium hand tied wefts, the install, cut, blend, and style, a take home care kit with a written care plan, and your first move up scheduled before you leave.



Living with them is the easy part.

This is where women are most surprised. Great extensions are made to be lived in, not fussed over. You can still work out, swim, and live your whole life. You'll just be doing it with really good hair. Here's the entire routine:

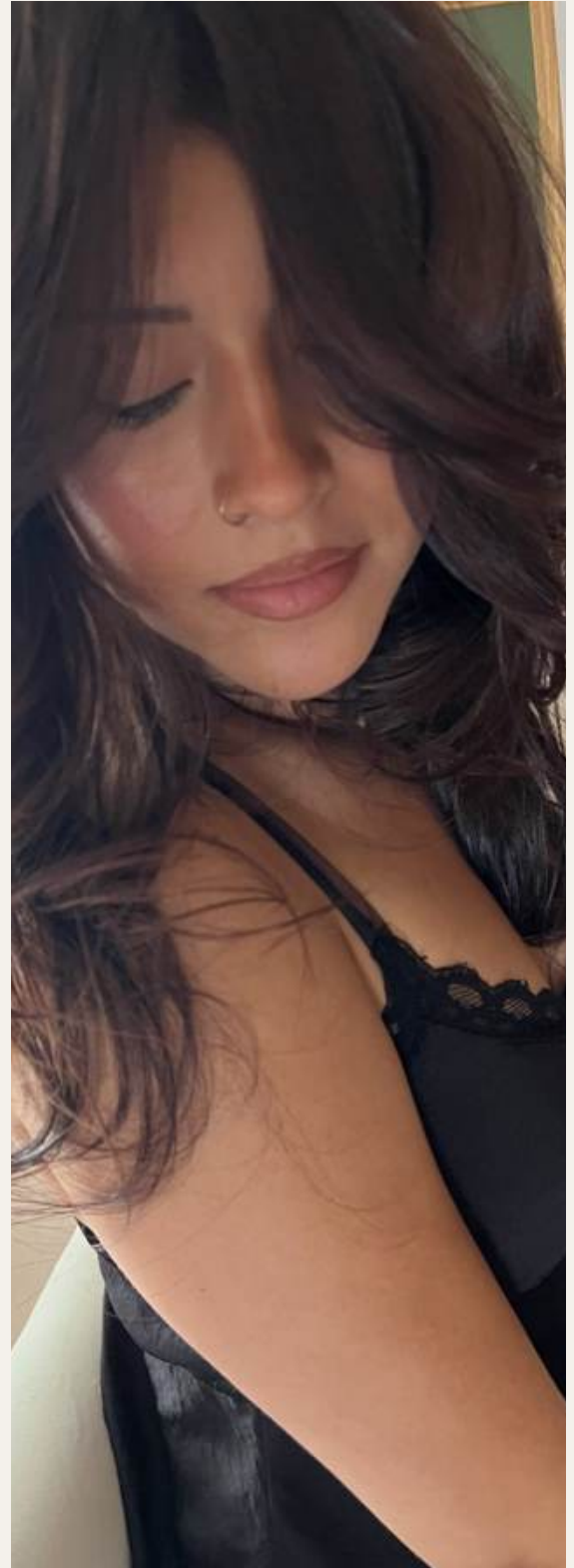
THE DO'S

- ✦ Brush bottom to top, twice a day, holding the hair at the base of the row
- ✦ Use a wide tooth comb in the shower
- ✦ Wash two to three times a week, gentle around the beads
- ✦ Air dry whenever you like. If you blow dry, do the rows first and use a thermal protectant
- ✦ Sleep in a loose braid or low pony, silk pillowcase if you have one
- ✦ Braid it up before swimming
- ✦ Keep it hydrated with the deep conditioner and serum in your kit

THE DON'TS

- ✦ Don't go to sleep with wet hair
- ✦ Don't brush over the top of the wefts
- ✦ Don't run hot tools above 320 degrees
- ✦ Don't use bonding or protein products on the extension hair
- ✦ Don't let sunscreens with avobenzone or oxybenzone touch the hair (they can discolor it)

That's it. Every client leaves with a care kit and a plan, so you're never guessing. And if a question ever comes up between visits, you text me. A real person answers.





Let's talk about the investment plainly.

I'd always rather you hear this from me than guess. When you book, you're not just paying for hair. You're getting a custom color match, an install built for your head and your life, a take home care kit, and my eye on your hair from that day forward.

With proper care, the hair itself lasts a good 9 to 12 months, so much of what you invest the first time carries forward well into the year ahead. At your consult I'll walk you through the exact numbers for the look you want, so there are no surprises, only good hair.

A little more up front. A lot less, forever.



IF NOTHING CHANGES

Another year of mornings spent fighting your hair.
Another year of the teasing, the spray, the dry shampoo, the hats on the days it won't cooperate.
Another year of catching your reflection and thinking, that isn't quite me.

None of that is a flaw. It's just energy you deserve to have back.

WHEN YOU DO

You wake up, flip your head over, and your hair is already there. Full, soft, moving the way it's supposed to. You don't reach for the curling iron. You don't clip anything in. You just go.

Friends assume you found the right vitamins. You get compliments, not questions. And the hour you used to spend on your hair goes back to your life.



Ready when you are.

Your consult is complimentary, easy, and completely no pressure.

We'll look at your hair, talk through what you're dreaming of, match your color, and I'll give you the honest plan and pricing. If it's a fit, we book your install and you're on your way. If it isn't, you'll leave knowing exactly what's possible, and you'll know where to find me when the time is right.

New clients are the best part of my week. I'd love for you to be one of them.



BOOK YOUR COMPLIMENTARY CONSULT

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Whenever you're ready, I'm right here.

Cecilia